Breakfast Meal Prices

Students: Free Guest (staff & visitors): \$2.00

Lunch Meal Prices

Middle School Students: \$3.25 Reduced price students: Free CEP School Students: Free Guest (staff & visitors): \$4.00

Breakfast

Monday

Breakfast Pizza Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

Tuesday

Chicken Biscuit Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

Wednesday

Breakfast on a Stick with Syrup Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

Thursday

Scrambled Eggs, Sausage, & Biscuit Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

Friday

Super Donut
Cereal & Grahams
Fresh Fruit & Fruit Juice
Choice of Milk

February

Lincoln County Schools Middle School Menu

Lunch

(Monday	Tuesday	Wednesday	Thursday	Friday
(A Peanut Butter & Jelly Sandv Crackers will be offered as		Нарру	2/1 Chicken Fried Rice Beef Teriyaki w/Fried Rice	2/2 Meat Eaters Pizza Spicy Chicken
	Side Salad will be offered eve	ryday as a vegetable choice.	VALENTINE'S	Glazed Carrots	Sandwich
	Fresh Fruit will be offered	everyday as a fruit choice.	DAY	Steamed Broccoli Fortune Cookie	French Fries Side Salad
	Choice of milk offered everyday.			Mandarin Oranges	Applesauce
-	2/5 Deluxe Chicken Sandwich Ham, Turkey, & Cheese Sub Bacon Ranch Potatoes Steamed Broccoli Sliced Peaches	2/6 Baked Spaghetti with Garlic Knot Cheese Dippers Buttered Corn Carrot Sticks with Ranch Pineapple Bits	2/7 Bacon Cheeseburger Crispy Chicken Salad with Garlic Knot Sweet Potato Fries Green Beans Diced Pears	Hot Dog with Chili BBQ Sandwich Baked Beans Coleslaw Frozen Fruit Cup	Cheese Pizza Boneless Buffalo Wings with Roll Celery Sticks w/Ranch Rosy Applesauce
	2/12 Deluxe Chicken Sandwich Gourmet Grilled Cheese Mashed Potatoes Buttered Corn Pineapple Bits	2/13 Cheeseburger/Hamburger Mini Corn Dog Sweet Potato Fries Baked Beans Sliced Peaches	2/14 Chicken Slider with Macaroni & Cheese Chef Salad with Roll Carrot Sticks with Ranch Green Beans Apple Pie	Walking Taco Ranchero Pizza Pinto Beans Side Salad Frozen Fruit Cup	2/16 Pepperoni Pizza Fish Sandwich Tater Tots Cucumbers w/Tzatziki Grapes
	TEACHER WORKDAY	2/20 Chicken Pie with Roll Pepperoni Pizza Vegetable Soup Carrot Sticks w/Ranch Fresh Apple	2/21 Beefy Nachos Chicken & Cheese Quesadilla Black Beans Corn on the Cob Frozen Fruit Cup	2/22 Chicken Fried Rice Beef Teriyaki w/Fried Rice Glazed Carrots Steamed Broccoli Fortune Cookie Mandarin Oranges	2/23 Meat Eaters Pizza Spicy Chicken Sandwich French Fries Side Salad Applesauce
	2/26 Deluxe Chicken Sandwich Ham, Turkey, & Cheese Sub Bacon Ranch Potatoes Steamed Broccoli Sliced Peaches	2/27 Baked Spaghetti with Garlic Knot Cheese Dippers Buttered Corn Carrot Sticks with Ranch Pineapple Bits	2/28 Bacon Cheeseburger Crispy Chicken Salad with Garlic Knot Sweet Potato Fries Green Beans Diced Pears	2/29 Hot Dog with Chili BBQ Sandwich Baked Beans Coleslaw Frozen Fruit Cup	For more information about the meals served in Lincoln County Schools, visit the Child Nutrition website at www.lincoln.k12.nc.us or call us at 704-736-4301.